

Press release from Newton Abbot Town Council

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## **CHARITIES RECEIVE MAYOR'S BACKING**

TWO good causes have received cash boosts totalling more than £1,200 after being chosen as a charities of the year by Newton Abbot Mayor, Cllr Richard Jenks.

Home-Start Teignbridge was established in 1989 and supports struggling families with young children.

It helps tackle issues such as post-natal depression, isolation, physical health problems, bereavement and low-income budgeting.

In addition, the group runs a term-time 'Playroom' at St Paul's Church, Devon Square, where children socialise through free games and activities.

4 Dementia Carers aims to improve workplace conditions for people who also care for relatives living with Alzheimer's and other similar conditions.

It provides talks, facilitates workshops and network groups for communities, groups and workplaces. It offers handy tips, shared experiences, knowledge and understanding to help reduce isolation and promote wellbeing.

Both groups received cheques for more than £630.

'We would like to say a huge thank you to Cllr Jenks and everyone who has been involved with us during the last year' said Home Start Manager Denise Ratcliffe

'It's been a difficult time for many people and we really appreciate the donations from the public and the opportunity to raise awareness of the work we do.

'This enables us to support families with young children, across the Teignbridge area.

Mary Sherwood, founder of 4 Dementia Carers, said: 'Thank you, Mayor Richard Jenks, for recognising the growing need to highlight and support working dementia carers.

'Thanks also to all who donated over the year. It is appreciated now more than ever and will be put to good use locally.'

Cllr Jenks said: 'In these toughest of times I'm delighted to be in a position to support local charities, the work they do is vital.

'I was very pleased to be able to pass on the cheques before lockdown and look forward to better days for us all.

'We can all learn a lot from the marvelous charities in our town and I'd urge anyone with free time on their hands to consider the many volunteering opportunities that exists.'

Mary Sherwood from 4 Dementia Carers and the Mayor, Councillor Richard Jenks



Denise Ratcliffe from Home Start and the Mayor, Councillor Richard Jenks

