

THE APPLICATION FORM

Name of Group Applying	Newton Abbot Bereavement Support Group
Are you a registered charity? If so, please give your number	No
Please give estimated dates for Project start? Project end?	This is an ongoing group which started in June 2026 and will continue as long as the group is needed to meet the needs of the people of Newton Abbot
How much will the project cost? How much is your grant request? How will you raise the rest? Will the project receive match funding – please provide details What other grants have been given or refused for the same project?	£20 per month for meeting room £240 for the 12 month period This is the full cost of the room No. I have looked into this but cannot find at this time charities who will fund this small amount with correct criteria Teignbridge CVS were approached, but no funds available for this project

Tell us about your group, what does it do?

The group meets on the first and third Thursday of each month. It is for people of Newton Abbot who have lost their loved one and need support and help in the early stages of grief. The group has four volunteers and we work on a structured basis, but in a very gentle way, as we discuss all aspects of bereavement. The group in itself also offers support, as all those who attend are experiencing loss, and although all grief is different, many similarities are evident.

We invite guest speakers on a bi-monthly basis and have a close liaison with our Social Prescriber, who has supported the group very well and was our first guest speaker. Our second guest speaker is Jody Merelle, who works for the NHS Trust and is speaking on Bereavement and Mental Health in September.

We have set up a WhatsApp group, so people can chat to someone when they are feeling low, lonely or depressed, so the group can cover a 24/7 situation as needed, by its members and leaders helping by being there for each other.

I am currently attending local groups, such as Death Cafe's, other grief groups that offer activity settings etc, and other organisations, so that signposting can be made to group members as needed, in particular for when they have moved forward in their grief and want to move away from our early grief meetings, although of course, if they wish to stay together as a group, they will be supported by the volunteers to start their own group so they can continue to support each other.

We have already had two people who were not ready for the group because of complicated grief. This is when grief from the past, which has not been dealt with, is resurrected again when more recent grief appears, leaving the person in a very difficult position and unable to grieve the latest loss. We have signposted these people to TalkWorks for one to one counselling, with view to them returning to our group to deal with the latest grief when they are more able to be involved in a group setting.

Does your project/organisation have a social media/website presence?

(Please provide details). Although we have one volunteer capable of using social media to this level, at the moment we have done minimal work in this direction. We have placed many posters around the town and have had really wonderful help from the Town Council PR and Teignbridge CVS, and funeral directors who have helped us to get our group known. We are

however considering our options of how continual presence of our group can be maintained.

We have had an article in One Magazine and in our local newspaper, and of course in the Town Crier, and are grateful for the help offered to have enabled that to happen.

We also have referral systems in progress from health professionals.

How will you publicise the Newton Abbot Town Council grant?

(Please note it is mandatory as part of the grant award conditions, to supply all press releases concerning the grant to Newton Abbot Town Council for us to share on our social media platforms).

We have replaced all our original posters in the town, with new posters stating our Town Council have generously supported us financially to help us continue our group.

How will the funds be spent? How will it benefit the people of Newton Abbot?

The funds are for the payments of the room we meet in, and has for the past three months been paid direct to the Courtenay Centre by the Town Council. We started with two hours twice a month, but because the group was too large to work as a grief group when we started, with 21 people at the first meeting, we split the group into two and now run a 10.10 group and an 11.30 group. We were able to get a third hour free from the Courtenay Centre to enable us to do this.

Grief is something we all have to face at some time. We hope to be there for people who are struggling through the first 12 –24 months after their loss, to help them find their own focus on their lives again as a person alone instead of a couple, or dealing with loss of losing parents, or other family members.

(You can continue on an extra sheet if you wish to)

Sustainability Plan

Tell us how the project will continue once the grant has been spent.

We are hoping to continue to receive help with the cost of the room to enable us to hold our meetings.

Our only other expenses is for refreshments, which Asda have kindly offered to help with some of these. Our wonderful volunteers are willing to pay their own car park facilities as needed, as they give of their spare time to be present week by week.

Apart from a few stationary items, tissues etc which we provide between us, we have no further costs to running the group.

Safeguarding

Where appropriate please provide us with a copy of the project/organisation's safeguarding policy with reference to children and vulnerable adults.

We do not have children in our bereavement group but we do have vulnerable adults, as they work through their grief of loss.

We do not have a written safeguarding policy, but leaders meet after every session to discuss any concerns seen within the group during the session and follow ups are arranged. Also we look out for people who have not been in attendance and follow up with them too.

Contact name	Dorothy Martin
Contact address	1 1 Newton Abbot Devon
Contact telephone and email address	1 —

Bank Account Details Account Name Sort code Account Number Bank Address N/A see below If you do not have a Bank Account for your group, the Council will arrange to hold any grant awarded for you for up to 12 months and will reimburse against receipts. As funds have been paid direct to the Courtenay Centre, it would be very acceptable if this would continue, if we are successful in our application. Thank you	
Does your group meet all legal requirements for this project (e.g., Public Liability, insurance, protection of children and vulnerable adults etc.)	Answer YES or NO No Have tried three insurance companies all of which do not seem to see the reason I am asking and have not come across this before?? It is YOUR responsibility to check
	Signed D Martin Print Name  Date 2/09/26

Declaration.

I confirm that to the best of my knowledge and belief, the information in this application form is true and correct. I understand that a request may be made for additional information at any stage of the application process. By completing this form, the signatories hereto agree to this information being retained in accordance with the provisions of the Data Protection Act and for that information to be printed in official council publications and forwarded to other agencies as necessary to facilitate this application for grant aid but for no other purpose.

Signed



Date 2/09/26

Please include your constitution and most recent set of accounts if you have these, but it is not essential to receive a grant.

If you need any help in completing this form, please telephone the
Deputy Town Clerk on 01626 201120

Please send your completed application form to:

Deputy Town Clerk & RFO
Newton Abbot Town Council
Newton's Place
43 Wolborough Street
Newton Abbot
TQ12 1JQ

Or via email: sam.scott@newtonabbot-tc.gov.uk

DON'T FORGET TO KEEP A COPY OF WHAT YOU SEND TO US!

What happens next?

You will receive an acknowledgement that your application has been received, which will include information about the date of the meeting at which a decision will be made.

Can we speak at the meeting?

Yes. It is not compulsory, but it is encouraged.

The acknowledgement of your application will include more information about this.

Who do I contact if I have any further questions?

You can speak to the Deputy Town Clerk by email:

sam.scott@newtonabbot-tc.gov.uk or calling by: 01626 201120